



Sports Partnership at Harris Girls' Academy East Dulwich



Join in, compete, enjoy

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Over 500 children from five different schools took part in the wonderful 'Bedlam Dance-Off' – featuring teams of synchronised dancers bidding to be crowned Bedlam Dance Champions.

We are a partnership of 46 primary, secondary and special schools across the London Borough of Southwark, based at Harris Girls' Academy East Dulwich.

We work in partnership with schools and community sport organisations to provide:

- ▶ high quality PE for all students
- ▶ the chance to take part in a range of high quality activities both in school and the wider community
- ▶ the chance for every child to develop their potential
- ▶ the chance to take on leadership and volunteering roles.



Inter-house skipping

Skipping is back with a bang at Harris Girls' Academy East Dulwich! A recent inter-house skipping competition proved extremely popular with around 80 girls deciding to 'jump to it'!

Welcome to the Harris School Sports Partnership

The latest results from the national PE and School Sport Survey show that our students are enjoying more sporting opportunities than ever before.

Currently 62% of pupils in our schools take part in at least three hours of PE or school sport each week. This is a fantastic achievement and compares with a national average of 50%.

Last year over 8,500 pupils from our partner schools participated in intra-school competition and over 5,000 took part in competitions against another school. We also now have over 2,200 sport leaders – students who are actively engaged in sports volunteering either in their school or in the community.

These results show that Southwark is laying great foundations in the build-up to the Olympics. With less than 1,000 days until London 2012, we're focusing hard on how we can use the Games to inspire our young people to take part in PE and school sport, and develop lifelong positive attitudes to healthy and active lifestyles.

So well done to all schools in the partnership and the great efforts being made to develop high quality PE and sporting opportunities for young people.

I hope you enjoy reading through this brochure and the great examples of PE and school sport within the partnership.

Hayley Birch
Partnership Development Manager



% of pupils taking part in at least three hours of sport or PE each week.

**National average:
50%**

**Harris Sports
Partnership schools: 62%**

A chance to compete

We create opportunities for students to compete. Last year over 8,500 pupils took part in competitions within their school, and over 5,000 competed for their school against other schools.

It's Bedlam!

Every Friday afternoon, students from six primary schools compete in our Bedlam League – taking part in sports ranging from tennis to football to orienteering in a bid to be Bedlam champions.

The games, which take place in a park on the site of the old Bedlam Hospital, are ably supported by Year 11 sports leaders from nearby Notre Dame School.

“The league is a great idea. My class get really excited at being able to compete against other schools.”

Canda Maybourne, Year 6 teacher,
Charlotte Sharman Primary School

Cross country champions

Around 300 students took part in the Southwark Key Stage 2 cross country championships in Peckham Rye Park, complete with bog patches and driving rain! An impressive 17 schools from all corners of the borough joined the races.

“It was great to see over 300 children taking part and enjoying themselves.”

Andy Roberts, Southwark Competition Manager





Football Festival

Over 100 boys and girls from eight schools showed off their skills and competed in the Key Stage 2 Football Festival in Peckham Rye Park.

Before the competition, schools took part in ten weeks of free expert football coaching from Millwall Football Club, funded by the Big Lottery.

St John's and St Clement's Primary win the Key Stage 2 Football Festival trophy.

National School Sport Week

Around 1,500 students of all ages took part in a fabulous festival of sport in Burgess Park and Geraldine Mary Harmsworth Park, organised by the Sports Partnership as part of National School Sport Week.

From BMX to multi-skills, speed stacking to biathlon, the festival was a great way of engaging pupils from Key Stages 1-5 in PE and school sport.



Not just a bike!



Students at the Academy at Peckham put our Trixter Bikes through their paces. Trixter Bikes are like no other gym bike you've ever seen. You can bend and swerve and even follow cyclists through the streets of London, New York and San Francisco projected on a big screen!

Our 14 Trixter Bikes can be moved between different schools, offering a fun and enjoyable alternative to traditional sports as well as developing whole body fitness and co-ordination.



It is fun to exercise on the bikes when we can prepare our own music. It keeps you going.

Martin, Year 11,
The Academy at Peckham



Key Stage 2 students from Victory Primary School take part in their annual cross country event in Burgess Park. Some serious runners emerged from the eight races staged on a beautifully mild autumn afternoon.

Rhythmic dribble!

It's a great way of getting to play basketball and socialise with other students.

Sam

It's a challenge for both boys and girls!

Bola

The place to be if you're serious about basketball.

Coach Sterling

'Sound Basketball' is back at the Academy at Peckham and Harris Girls' Academy East Dulwich – open to all students from the surrounding areas.

This highly successful and popular basketball club combines basketball and popular music played by students. Pupils play fun, competitive games of basketball against a backdrop of music chosen and played by student DJs. Up to 150 students attend the free sessions.



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Leading the way

We now have over 2,200 Student Sports Leaders taking part in sports leadership and volunteering across the borough. Here is just a taste of what they do.



- ▶ Year 5 sports leaders at Cathedral Primary School organised a multi-skills afternoon for Year 1 pupils.
- ▶ Year 10 students at Harris Academy Bermondsey ran PE lessons at Grange Primary.
- ▶ The Student Sport Council at Harris Girls' Academy East Dulwich organised and led inter-house BMX, basketball and trampolining competitions.



Leadership Academy

Over 120 students from Key Stages 4 and 5 took part in the Southwark Leadership Academy – a chance to gain nationally recognised sports leadership qualifications in football, cheerleading, basketball, cricket and boxing.

The students will now help to run extra-curricular clubs at local Southwark primary schools.



Annual Gifted and Talented Day

The annual Talent Academy gives over 100 students the chance to receive expert coaching in basketball, multi-skills, BMX, fitness and trampolining.

Pupils in Years 5-7 are assessed for agility, coordination, stamina and balance, with the top 10 pupils invited to join the Southwark Elite Athletes Club.



It was fun because I got to learn techniques for developing my skills.

Andres

I didn't want the day to end; I was having a really good time!

Lauren



Tomorrow's Paralympics stars?

Students from two Southwark special needs schools attended the Special Educational Needs Gifted and Talented Day at Mile End Road Sports Centre.

As well as receiving expert coaching in table tennis, wheelchair basketball, swimming, athletics and football, the students also met national talent scouts hoping to spot tomorrow's Paralympics stars.

Harris boys meet the three hour challenge

PE and sport is flourishing at Harris Boys' Academy East Dulwich, the newest addition to our partnership.

The school, which opened in September 2009, is currently in temporary premises while their new building is completed. But this hasn't stopped them exceeding the government target of every child taking part in at least three hours of PE and school sport each week.



- ▶ Students travel to London South Bank University playing fields to take part in PE and other sports including lacrosse, tag American football and rugby.
- ▶ Enrichment activities include a popular football competition and non-contact boxing.
- ▶ 'Sporty Saturdays' are inter-faculty competitions in football, lacrosse and tag American football.
- ▶ Playground Podium is a series of sporting activities that take place at lunchtime to engage those students who are not so keen to take part in full scale games.



Raising GCSE achievement in sport



Every Year 11 student at Harris Girls' Academy East Dulwich now studies a 'wider key skills' course in sport – equivalent to two GCSEs at grade B. Students undertake projects on sports-related issues such as:

- ▶ how to increase extra-curricular activities for Year 7 students
- ▶ how to raise the profile of the academy in the local community through sporting activities
- ▶ how to develop and organise intra-school competitions for primary school children.

“The course provides an excellent opportunity for students to develop their problem-solving, evaluation and team work skills.”

Emily Colebourne, Harris Girls' Academy East Dulwich



Quality through training

Twenty five teachers from local primary schools took part in special training sessions to help them offer PE lessons of the highest quality.

The courses, run by the Sports Partnership, include special training for newly qualified teachers, sessions on dance, gymnastics, athletics and tennis, as well as a series of modules for primary PE co-ordinators.

The Sports Partnership at Harris Girls' Academy East Dulwich

Hayley Birch
Partnership Development Manager
hbirch@hgaed.org.uk
07792 026 803

Linton Tulloch
School Sport Co-ordinator
ltulloch@hgaed.org.uk
07792 026 790

Vernon Neve-Dunn
School Sport Co-ordinator
Vneve-dunn@hgaed.org.uk
07703 052 759

Lauren Ashton
PE and School Sport Event Organiser
L.Ashton@harrisdulwichgirls.org.uk
0207 732 2276

Andy Roberts
Southwark Competition Manager
Roberts@baconsctc.co.uk
07944 926 643



Break Time BMX

Over 40 students at Harris Girls' Academy East Dulwich took part in an inter-house BMX drag race. In front of an excited crowd the competitors raced along the school driveway. Sports Ambassador, Ahlem, helped to coordinate the event along with members of the Sports Council.

“BMX is one of our most successful activities with our secondary schools.”

Linton Tulloch.



**Sports Partnership @ Harris
Girls' Academy East Dulwich**
Homestall Road
London SE22 0NR
Tel 020 7732 2276
Fax 020 7277 7785

